



OCCUPATIONAL THERAPY



**UNIVERSITY OF
PLYMOUTH**
School of Health Professions

UNDERGRADUATE

BSc (Hons) Occupational Therapy

POSTGRADUATE

MSc Occupational Therapy (Pre-Registration)

WELCOME TO OCCUPATIONAL THERAPY



Occupational Therapy is an innovative profession with opportunities to work in health and social care, the private sector and with charities. Areas for professional practice are emerging all of the time and our graduates leave with a strong sense of professional identity to work in a wide range of settings.

The occupational therapy programmes at the University of Plymouth will empower you to develop as an autonomous practitioner and venture out to make a difference locally, nationally and internationally.

At Plymouth our team are 'rooted' in professional practice, actively engaged in research with expertise in educational approaches. Take time to look at our 'team introductions' and you will see that we have a range of professional practice experience, each bringing unique skills and areas of special interest to our teaching and research.

By joining us at the University of Plymouth you will benefit from a curriculum that;

- respects the origins of our profession
- embeds occupational science theory throughout all academic levels
- has close links with occupational therapists in practice who share their experience
- creates innovative learning in the university and beyond!

From the start of your studies you will be engaged in active learning where you are encouraged to work together both within occupational therapy and across professions. This reflects the workplace and will assist you to develop skills that will be of value to you throughout your career.

Your placements are an important and motivating part of your degree and we have a dedicated team who source placements in supportive and a variety of practice areas - some of which will be familiar while others may be in new areas where the role for occupational therapy is emerging.

We also have OTSOC, our very lively student led society which provides excellent peer support, social events and organises continuing professional development activities.

We are also developing exciting plans for a new programme to enable eligible students to not only qualify as an occupational therapist, but also achieve a Masters level qualification. The Integrated Masters in Occupational Therapy is an innovative 4-year degree. Updates will be available on the website.

On top of all of this, at Plymouth you have the wonderful opportunity to study in a vibrant, modern student-centred city with amazing views of the sea and moor. What better backdrop could there be for your degree in occupational therapy? Why not come and visit us at one of our Open or Applicant Days, meet our staff and students and check out our fantastic programme and facilities for yourself?

We look forward to meeting you, answering your questions and hope that you come and join us for the start of an exciting career in occupational therapy.

Dr Alison Warren, Academic Lead for Occupational Therapy, on behalf of the University of Plymouth Occupational Therapy Team.

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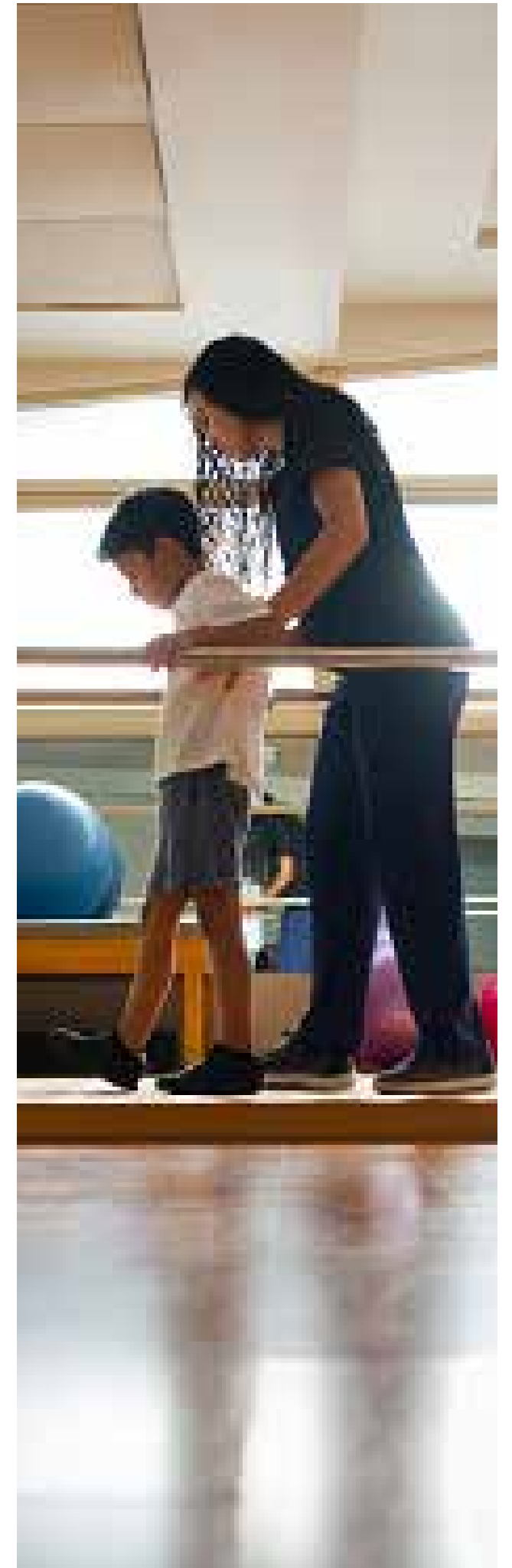
WHAT IS OCCUPATIONAL THERAPY

Occupational therapy is a vibrant and compassionate health profession, concerned with providing people with the ability to live their life as independently as possible, despite illness, disability, disease or the impact of ageing. The possibilities for your future career are endless due to the dynamic nature of occupational therapy and the roles we play in areas such as hospitals, communities, schools, prisons, mental health settings, rehabilitation, veteran services and many more. If you have a drive to support people when they need it most, could occupational therapy be the profession for you?

The University of Plymouth offers two routes to professional qualification: BSc (Hons) Occupational Therapy and MSc Occupational Therapy (pre-registration). Successful completion of either route will allow you to apply for registration with the Health and Care Professions Council (HCPC) as an Occupational therapist and to be a member of the British Association of Occupational Therapists.

“Although sometimes used as a word to describe a job...” Occupation” as a term refers to practical and purposeful activities that allow people to live independently and have a sense of identity. Think about your day-to-day life; would you be able to cope or live your life fully if you couldn’t get yourself out of bed in the morning? Or were unable to leave your own home?”

(Royal College of Occupational Therapists, 2019)



BSc (Hons) OCCUPATIONAL THERAPY

Do you want to help people to live the lives they want? This course will prepare you to help people deal with life challenges including ill-health, disability, and social problems. You'll learn how everyday activities can be used and adapted creatively to promote health, wellbeing and a satisfying lifestyle, so that you graduate with the skills and knowledge needed to be an effective occupational therapist.

ENTRY REQUIREMENTS:

A Level

112-128 points from a minimum of 2/3 A levels or level 3 qualifications, to include grades B/C and preferably to include a science related subject (such as science, psychology or social science) and one further subject. Excludes general studies.

GCSEs

5 GCSEs grade C/4 or above to include Mathematics, English and Science

BTEC

18 Unit BTEC National Diploma/ QCF Extended Diploma: DMM – DDM

Must contain Science, Health or Social Science.

Access

Pass a named Access to HE Diploma with 33 Level 3 credits at Merit and/or Distinction, including 15 in Science/Social Science (Psychology/ Sociology).

Other entry routes are considered so please check our website or contact the admissions team for more information.

<https://www.plymouth.ac.uk/courses/undergraduate/bsc-occupational-therapy>

UCAS CODE

B920

COURSE DURATION

3 Years Full Time

UCAS TARIFF

112-128 points



BSc (Hons) OCCUPATIONAL THERAPY

Occupational Therapy (OT) is a health and social care profession which involves working with people of all ages who have physical, mental health or social problems, either from birth or as a result of accident, illness or ageing. Occupational Therapists also work in the fields of health promotion, employment and education and aim to enable people to live as independently as possible.

Special Features

- Activate your potential with a problem based and experiential learning in a supportive environment with a strong ethos of community engagement.
- Maximise your career in occupational therapy by studying with lecturers with a wide range of professional expertise and active post-doctoral research.
- Make a difference to people's lives through evidencing the meaning of engagement in occupations with innovative occupational therapy programmes.
- Begin your occupational therapy journey with us at the University of Plymouth and top up to a Masters with the 3plus1 route of study.



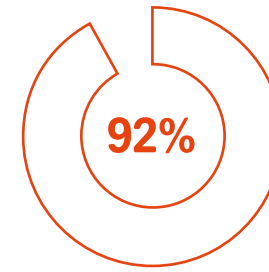
Location and facilities

Learn at the purpose built Peninsula Allied Health Centre (PAHC), the home of the School of Health Professions. As well as having two fully equipped lecture theatres, seminar rooms, state of the art movement and analysis laboratory, and computing facilities, you will have access to modern, purpose built specialist skills laboratories and excellent research facilities.

The centre is in close proximity to Derriford Hospital, Plymouth's main hospital, and to the Peninsula Schools of Medicine and Dentistry. There are regular bus links between the city centre and the PAHC building, subsidised by the University.

Professional accreditation

Our Occupational Therapy programmes are approved by the HCPC and accredited by the Royal College of Occupational Therapists and the World Federation of Occupational Therapists.



92% found the course had challenged them to do their best work

*NSS 2019

Your First Year

The underpinning philosophies, values and theories for occupational therapy are introduced during the first year, providing a solid basis for your professional knowledge. This is built up alongside shared modules with other health students; inter-professional team working plays an important role in health and social care delivery in the UK. You will undertake your first supervised placement.

Your Second Year

Profession-specific modules take a lifespan approach and are designed to provide an integrated core of essential knowledge and skills of Occupational Therapy practice, whilst modules on inter-professional working and research help you become confident in your role as a developing Occupational Therapist. During the practice placement at this level you will be handed increased responsibility as you prepare for your final year.

Your Final Year

Your final year is the time to consolidate your theoretical knowledge and explore and evaluate current developments and influences in health and social care. You will also undertake an in-depth research project on a theme of your choosing.

The success of this approach is reflected by the fact that our students are regularly invited to present at the Royal College of Occupational Therapists National Conference. The final placement will enable you to demonstrate the skills required of an entry level practitioner.



THERE'S NO PLACE LIKE PLYMOUTH

Plymouth's location on the Devon coast is beautiful, with easy access to beaches and countryside as well as great transport links to London, France, Spain and beyond.

It is a vibrant, modern, student-centred city steeped in history. Our campus reflects this heritage and vitality; established 150 years ago this is a modern university with energy and direction.



MSc OCCUPATIONAL THERAPY (PRE-REGISTRATION)

Do you want to promote and restore people's health and well-being? On this two year masters programme you'll learn how to enhance people's occupational function in everyday life in order to meet their biological, psychological, social and spiritual needs through exploration and adaptation. You will become a highly skilled, reflective and confident occupational therapy practitioner, able to critically evaluate the importance of occupational engagement for every stage of an individual's life.

"It's vital that we inspire more young people who are choosing their future career paths to study these degrees and educate them on the huge range of opportunities that careers in Allied Health Professions, such as occupational therapy offer. Not only does studying occupational therapy make you highly employable, but I know from my placements that it's a hugely rewarding job to do."

Rachael Rule, Occupational Therapy Student

ENTRY REQUIREMENTS:

GCSEs

Mathematics and English at Grade C/4

Degree

2:1 honours degree or above from within the last five years

Other entry routes are considered so please check our website or contact the admissions team for more information.

<https://www.plymouth.ac.uk/courses/undergraduate/msc-occupational-therapy-pre-registration>

COURSE DURATION

2 years full time



MSc OCCUPATIONAL THERAPY (Pre-Registration)



This programme has been designed to enable you to enter the occupational therapy profession with a higher level of research experience. This is an accelerated programme which means that you will cover the required 90 weeks of pre-registration study in two years. This will enable you to qualify and potentially gain employment more quickly, and enhance opportunities to work in specialist practice, education, management or research.

Location and facilities

Learn at the purpose built Peninsula Allied Health Centre (PAHC), the home of the School of Health Professions. As well as having two fully equipped lecture theatres, seminar rooms, state of the art movement and analysis laboratory, and computing facilities, you will have access to modern, purpose built specialist skills laboratories and excellent research facilities. The centre is in close proximity to Derriford Hospital, Plymouth's main hospital, and to the Peninsula Schools of Medicine and Dentistry. There are regular bus links between the city centre and the PAHC building, subsidised by the University.

Professional accreditation

Our Occupational Therapy programmes are approved by the HCPC and accredited by the Royal College of Occupational Therapists and the World Federation of Occupational Therapists.



Your First Year

The underpinning philosophies, values and theories for occupational therapy, occupational science, health promotion and research are explored and critically appraised, providing a solid basis for your professional knowledge. You will design and submit a proposal for your research study. You will have opportunities to work with both undergraduate and post-registration students from occupational therapy and other disciplines. You will prepare for and undertake a supervised placement.

Your Final Year

You will approach to considering occupation and factors that have an impact on occupational engagement for individuals and communities. You will complete a research dissertation on a theme of your choosing, with the potential to contribute to the evidence base for the profession. You will have two placements with increasing responsibility as you prepare for employment and demonstrate the skills required of an entry level practitioner.

“Being an Occupational Therapist gives you the opportunity to work with so many different client groups. You can also go and volunteer in different work settings and find out what you enjoy most – plus, this will also look great on your CV.”

Rhianna Dobson-Love, Occupational Therapy Graduate

Graduate CASE STUDY

ASHLEY TATE BSC (HONS) OCCUPATIONAL THERAPY GRADUATE

EMPLOYER
NHS

JOB TITLE
Occupational Therapist

LOCATION
Torbay

Tell us about your career path since graduation.

During my degree I managed to secure a position as a Band 5 Occupational Therapist (OT) on a trauma and orthopaedic ward, and I have been working there since graduating this summer. The position is part of a rotational scheme offered to newly graduated OTs, giving them a breadth of experience to help them find their niche area given the vast career opportunities available to those in the profession.

What is the most difficult thing which you have faced in your career?

Despite only being in my career for a few months, I have been faced with numerous challenges. However, I feel the most difficult aspect of being qualified is the increase in responsibility as I am now considered the expert in my field. Other professionals look to me on a daily basis to make decisions which have significant implications to patients' health and well-being.

What is the best, most exciting or fun thing that you have done in your career?

Undoubtedly the best aspect of my career is the ability to give people their independence back. Often, I see frail and elderly patients that have had accidents resulting in various fractures, and as a result they lose their independence in everyday activities, such as washing and dressing: something we all take for granted. Being able to help my patients reclaim their independence and get them back home really makes my job worthwhile.

What advice would you give to anyone wanting to get in to the same line of work?

I would definitely recommend Occupational Therapy to anyone who enjoys working with people; it is so rewarding. The only advice I would give is, if possible, to spend time with an OT and really get to see how they use activities to improve people's health and wellbeing.



How did studying at Plymouth help you?

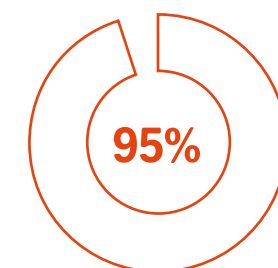
The academic staff at Plymouth are so supportive and I thoroughly believe that they have helped me to get to where I am now. The course really provides opportunities to discover which areas you might want to work in, with modules in volunteering and shadowing. Plymouth also has an OT society which provides support and opportunities to its members.

Did you undertake a placement during your degree and if so, how did this benefit you?

Placement is an essential part of the course. Every year you are expected to complete a placement within a different area of the profession, and it really helps solidify the theory learned in the classroom. My placements included complex care and dementia, adult social care and stroke rehabilitation. For me, it helped me discover a passion for stroke rehab in the community, and it is something that I am aiming for in my career.

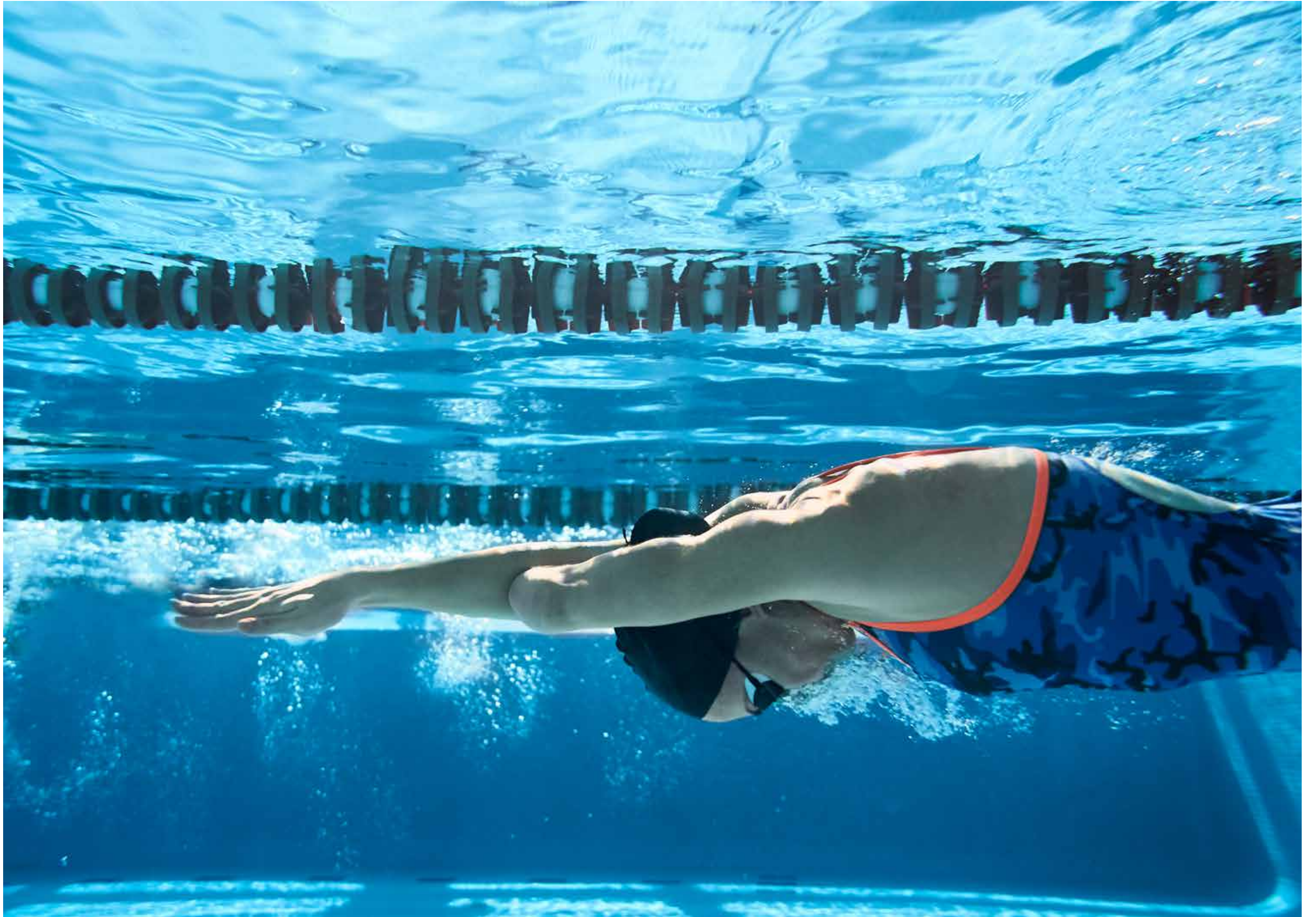
Would you recommend undertaking a course with the University of Plymouth, and why?

Based upon my experience, I would definitely recommend undertaking a course. I truly enjoyed studying at the University of Plymouth; it has a lot to offer, as does the city. I loved how diverse the area is; the city centre, sea front, and national trust areas all within a short drive of each other.



95% were in a professional or managerial job after six months of graduating

*NSS 2018



PRACTICE PLACEMENTS



In order to be eligible to register as an Occupational Therapist with the Health and Care Professions Council (HCPC), students must complete a minimum of 1000 hours on practice placements. At the University of Plymouth, students will complete three placements across a variety of settings.

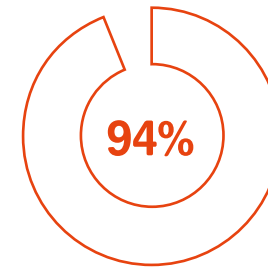
Placements can be throughout the South West from Penzance to Yeovil, Ilfracombe to Seaton and anywhere in-between. This is to ensure that our students have a good variety of placements on their profile once they graduate. Students are required to complete one placement in a physical setting and one placement in a psychosocial setting.

Examples of placement allocations include:

- Hospitals in Devon, Somerset and Cornwall
- Devon, Somerset and Cornwall Councils
- Community Hospitals
- Community Rehabilitation
- Community Mental Health
- Inpatient Mental Health
- Learning Disability Services
- Examples of Contemporary Settings:
 - GP Surgeries
 - Charities for homeless people or refugees
 - Dementia day services
 - Equipment Services
 - Help for Heroes

“The placement opportunities I was allocated from the University of Plymouth provided me with a wide breadth of experiences and opportunities to reflect and learn, developing my skills and confidence to practice as an occupational therapist. In each placement my educators were experienced and knowledgeable and I was able to learn from their different ways of working. For me, the placement experience has been positive and insightful, and although challenging at times, I was provided with insights into the realities and rewards associated with working in healthcare as an occupational therapist.”

Alice Wimberley, Occupational Therapy Student



94% found their contribution during placements were valued

*NSS 2019

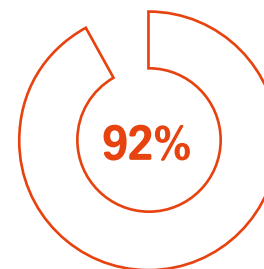
Please note that the locations pinpointed on the map are as a guide only. Students may be allocated a placement anywhere within this geographical area.



“Having experienced three completely different placement settings made me stand out from other applicants when I applied for a graduate job.”

Charlotte Platt, Occupational Therapy Student

MEET THE TEAM



92% agree that staff value students' views and opinions about the course*

*NSS 2018



Dr Alison Warren
Academic Lead for Occupational Therapy
PhD, MSc, DipCOT

Alison leads the occupational therapy team at the University of Plymouth. Throughout her career she has integrated professional practice experience

with service development and research. Alison is an active member of the Prime Ministers Dementia Challenge Group for Air Transport that seeks to improve the flying experiences of people with dementia and their carers in the United Kingdom and further afield. Alison and occupational therapy students work collaboratively with people with dementia and their families through research to explore the importance of this meaningful occupation in people's lives.

Alison has a keen interest in innovative placement models including role emerging placements that was the focus of her doctoral research with a particular focus on competency and professional identity development. Alison's occupational therapy professional practice experience has been mainly in the area of dementia care, community mental health and emerging areas of practice.

Alison teaches and supervises across undergraduate and post graduate programmes including supervision of PhD students in the School of Health Professions.

Alison has worked in the United Kingdom, Romania, the Republic of Ireland and completed research leave in Australia. She joined the University of Plymouth in 2014. She has a visiting scholar appointment at the University of Malta, an External Examiner for Occupational Therapy Programmes and an accreditation panel member for the Royal College of Occupational Therapists.



Marnie Smith
BSc Programme Lead

Marnie is programme lead for the BSc in Occupational Therapy. She teaches across both the BSc and MSc programmes. Marnie joined the team at University of Plymouth in 2011, having

previously worked in the NHS for 20 years. Her clinical background is in prosthetic rehabilitation both lower and upper limb, her MSc dissertation looked at the use of prosthetics for children with congenital upper limb deficiencies. Marnie is also an accreditation member for the Royal College of Occupational Therapists.



Rosi Raine
MSc Programme Lead

Dr Rosi Raine, PhD Health Studies, MSc Occupational Therapy, PGCE Further and Higher Education, BSc (Hons) Occupational Therapy

Rosi is the programme lead for the MSc Occupational Therapy Pre-registration programme and teaches across the BSc and MSc programmes. Rosi joined the Occupational Therapy team at the University of Plymouth in 2008, and has worked in three Universities and a broad range of mental health and physical health settings. Rosi's PhD explored the meaning and process of engagement in outdoor adventure from an occupational science perspective to inform health promotion and occupational therapy practice.



Dr Karen Beaulieu
Occupational therapy lead for MSc APP

Karen is the Occupational therapy lead for the MSc, and teaches across all the programmes. Karen has been an occupational therapist since 1984. She has 20 years clinical

experience initially general practice then specialised in neurology and neuropsychiatry. Karen has worked in Education since 2002, working in Northampton and for brief periods in India and Canada. She has also worked as an External Examiner in several other educational establishments. Her PhD researched return to work following a brain injury.



Miranda Cunningham

Miranda joined the occupational therapy teaching team at the University of Plymouth in 2011. Her previous experience as an occupational therapist ranged from working with adults and older

adults with mental health conditions, in the community and inpatient settings, including supporting students at a local university. She has also worked in physically rehabilitation and oncology. She was designated as a mental health recovery champion when working for the mental health trust and is passionate about supporting participation in meaningful occupations for marginalised populations. Her MSc research focused on the lived experience of engaging in occupation for people who experience homelessness. She is studying for a PhD which focuses on a critical exploration of how occupation-based practice can be used to bring about social transformation. She teaches across occupational therapy and inter-professional programmes. Miranda is also an elected member of the Board of Occupational Science Europe.



Fiona Fraser

Fiona teaches across the pre-registration BSc and MSc occupational therapy programmes and our post-graduate Advanced Professional Practice MSc. She teaches on modules exploring innovation in practice, leadership and

management and the transition from student to clinician and preparation for practice placements.

During her time at the University of Plymouth has become a Fellow of the Higher Education Academy. Is registered with the Health and Care Professions Council and continues to be actively involved in the profession locally as a member of the Royal College of Occupational Therapists South West regional committee.

Fiona joined the University of Plymouth in 2013 having previously worked for the Royal College of Occupational Therapists in London. During her time working for the professional body Fiona had a unique role that involved speaking to occupational therapy students throughout the UK on the role of the organisation and contemporary issues within the profession. She was also responsible for the products and services student members received as well as the managing the careers advice provision.

She completed her MSc in Advanced Occupational Therapy in 2012 having completed her research dissertation exploring the perceptions of clinical leadership amongst occupational therapy students. Prior to this, Fiona's clinical experience is within both older adult and adult mental health services.



Tanja Krizaj

Tanja has recently been awarded her PhD, researching older people's transitions into care homes. Tanja teaches across all the programmes. She has been an occupational therapist since 2003 and has worked with people

after acquired brain injury (long-term rehabilitation). She also owned a private practice (home-based OT services). Tanja has worked in Education both here in Plymouth and as an Assistant Lecturer in Occupational Therapy at University of Ljubljana, Slovenia. She founded a group for promoting Occupational therapy in Slovenia.



Dr Susan Mitchell PhD DipCOT FHEA

Susan joined to team at the University of Plymouth in 2015 and teaches on BSc, MSc and APP programmes. She is passionate about the concept of 'participation' and how this relates to

meaningful occupation. Susan qualified in Dublin in 1980 and began her career in a national spinal injury centre. She later worked with elderly people in a rural part of Ireland. Susan moved to England and became Head OT in a 300+ boarding school for 9 – 19 years olds with physical disabilities. She left to spend 13 years teaching on the BSc OT in Exeter and being module leader on the first distance learning MSc which attracted students from all over the world. Susan completed a PhD from Exeter University in 2000. She returned to clinical practice for 11 years, where she was lead OT working with mainstream school children with motor and sensory difficulties. Susan was commissioned to write a fine motor skills programme 'High Five!' for use in all county primary schools.

She now finds herself back in academia. Susan continues to maintain her clinical skills working independently with children on a one-to-one basis.



Sarah Reynolds

Sarah has been an occupational therapist since 1987. She has worked primarily in physical health, and has an interest in community based Occupational Therapy, and palliative care. For more than a decade she

worked as an occupational therapist at a hospice in the South West, and whilst there completed her Masters in Advanced Professional Practice (Occupational Therapy) through a part-time route at the University of Plymouth, exploring occupational therapy and palliative care. Sarah then joined the University of Plymouth Occupational Therapy team. She now works three days a week at the University, and two days clinically in a social care team in the South West.

Sarah is personal tutor lead for occupational therapy, and values impact that personal tutoring has in supporting students whilst at university. Sarah teaches across the occupational therapy programmes, and on the Msc Advanced Professional Practice.



Jen Rolfe BSc (Hons) Occupational Therapy

Jen started as a Lecturer in Occupational Therapy at the University of Plymouth in June 2018. She teaches on modules across all three stages of the

undergraduate programme and works on the placements team.

Jen's background is in Adult Social Care where she developed specialist knowledge of equipment and adaptations. The majority of Jen's work was based in the community, adapting people's homes to enable them to live as independently as possible.

Jen is currently working towards her MSc in Advanced Professional Practice and a Postgraduate Certificate in Academic Practice. Her research interests are around social prescribing and the meaning of running as an occupation.



Samantha Turner MSc, FHEA

Samantha started as a Lecturer in Occupational Therapy at the University of Plymouth in January 2016, initially working part time combining her academic role with a clinical role as a

manager of an outpatient neurological rehabilitation service in Plymouth. After qualifying with her BSc (Hons) in Occupational Therapy in 2007, Samantha worked in various inpatient and community settings in London and then specialised in neurology at The National Hospital for Neurology and Neurosurgery at Queen Square in London. During a range of rotations in different areas of neurology, her passion for neurological rehabilitation and Multiple Sclerosis as a condition commenced. Samantha left London in 2015 to move to the South West of England and worked in community neurological rehabilitation teams in Cornwall and Plymouth. She completed her MSc in Advanced Professional Practice in Occupational Therapy at the University of Plymouth in 2019. Her MSc research explores how people with Multiple Sclerosis use Occupational Therapy services in the South West of England. Samantha has presented at national conferences in England focusing on the literature related to Multiple Sclerosis and evidence based practice in Occupational Therapy. She completed a Post Graduate Certificate in Academic Practice in 2017 with special interest in the use of Content Capture to enhance student learning. Samantha's specialist teaching areas are the biological and psychosocial aspects of occupation, and any teaching related to neurology and adult related conditions. Samantha has previously worked as the first year lead for the BSc programme and within the placements team, and now has a role in the admissions and marketing team for the Occupational Therapy programmes.



Rebecca Twinley PhD

Rebecca Twinley, PhD, joined the University of Plymouth in 2010, and started as a lecturer/practitioner, initially retaining some time in her practice in acute stroke care. Prior to this, Rebecca had a range of

practice experience, including neurology, paediatrics, trauma and orthopaedics, rehabilitation, older person's care, and immediate response, working within acute and community, health and social care settings. In 2016, Rebecca completed her doctoral

work, through which she explored the impacts of woman-to-woman rape and sexual assault. Her research efforts are now focussed on developing her concept - the dark side of occupation - and emphasises the need to critically examine the assumed link between occupation, health, and wellbeing. She is interested in the maladaptive ways in which people may cope during and after traumatic events. Rebecca is keen to encourage our students to develop as occupational therapists who have a firm grounding in occupation and critical thinking. Please see: #thedarksideofoccupation



Sam Whiting

Sam Whiting joined the University of Plymouth in 2017 as a Teaching and Research Associate. Sam graduated from Northumbria University with an MSc in Occupational Therapy and was awarded 'Best

Postgraduate Academic Performance on an Allied Health programme Award'. Sam has previously worked clinically in acute physical health since 2012, in several roles within Occupational Therapy. With previous experience of working within homeless services for children and young adults, mental health and learning disabilities within differing roles across the South West and North East England.

Sam's specialist interests involve older adults and ensuring that they remain embedded within their communities and have the services to remain healthy, active and engaged within society. Her current PhD research is embedding with primary care and the use of occupational therapy to enable adults with chronic conditions to live life fully.

During her time at the University of Plymouth, Sam is working towards Fellowship of the Higher Education Academy. She is a registered member of the Royal College of Occupational Therapists and is still actively engaged in regional activities across the South West region.



WE THINK GREEN

The University is recognised as an innovative leader in higher education for sustainability, across teaching and learning, research and our University operations.

WE HAVE THREE BIG GOALS:

- Have a sustainable campus
- Enable learning about sustainability and to research solutions to the world's most pressing sustainability challenges
- Motivate the next generation of students to go out and tackle the sustainability challenges they'll find in their workplace.

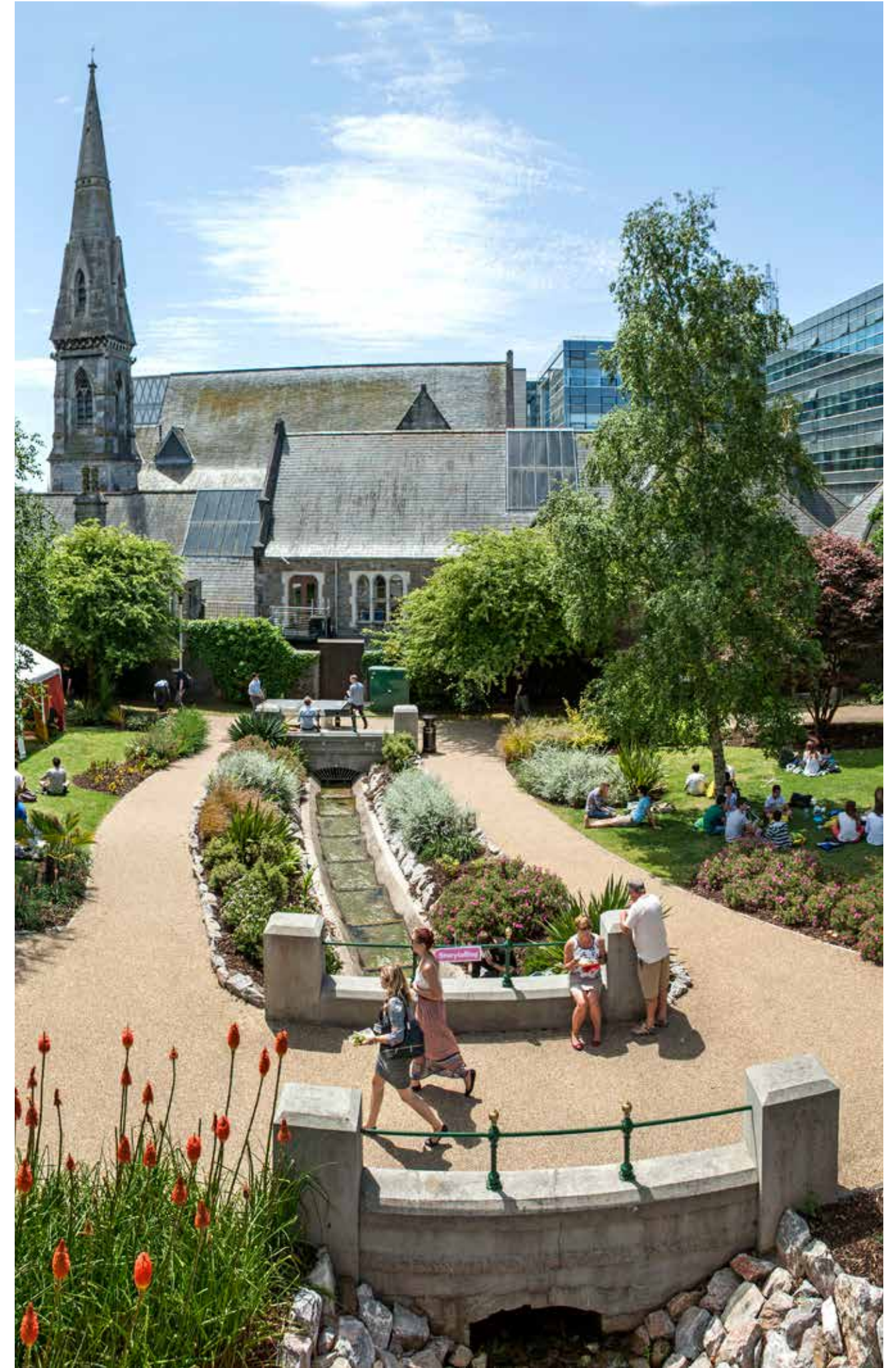


DITCH THE DISPOSABLES

The University is committed to reducing the use of single-use plastics throughout its operations and to supporting the world-leading research that our academics are delivering, in particular in the area of marine environments and microplastics.

We have:

- banned plastic straws in all University and Students' Union cafés
- replaced plastic water bottles for hospitality with glass bottles and jugs of water
- introduced a 20p discount on any takeaway hot drink bought in your own reusable cup, saving over 10,000 cups between February and September 2018
- promoted water fountains across campus to refill water bottles
- ensured all disposables in University cafés are biodegradable.



CONNECT WITH US

VISIT OUR OPEN DAYS

Dates

- Saturday 28th September 2019 – Open Day
- Saturday 9th November 2019 – Open Day
- Saturday 25th January 2020 – Applicant Day
- Saturday 22nd February 2020 – Applicant Day
- Saturday 14th March 2020 – Applicant Day
- Wednesday 24th June 2020 – Open Day

The best way to find out what's on offer at Plymouth is to visit us at an open day. We'll show you around campus, give you an insight into student life here and you'll be able to:

- get a more in-depth look at your course
- find out more about our facilities, welfare and support service
- take a tour of the city and campus
- discover how we can help develop your skills for future success in employment
- ask current students about their experiences
- see examples of student accommodation
- attend sessions on finance, budgeting and completing your personal statement.

For more information or to book a place visit:
www.plymouth.ac.uk/ugopenday

Applicant days

Once you've applied you will be invited to an applicant day, a subject-specific day which offers you the opportunity to discover your chosen course in much more detail.



STUDENT ACCOMMODATION

Living in halls helps you to build lifelong friendships and adjust to university life in a supportive environment during your first year. The Accommodation Team is here to help you enjoy your time living in our halls' community.

UNIVERSITY-MANAGED HALLS OF RESIDENCE

We have a wide variety of University-managed halls of residence that offer a safe and friendly environment to our students. Our halls are located on campus, or within the nearby student village, which is a couple of minutes' walk from the University's facilities and nearby city-centre amenities.

Bookings are made on a first come, first served basis and your hall of residence and room type is normally confirmed within 72 hours. Once this is complete, you can meet your new neighbours through our dedicated social media groups and make like-minded friends before arrivals day.

BE PART OF A THRIVING COMMUNITY

Students who choose University-managed halls enjoy a range of benefits. These include a Residence Life programme of social activities and trips throughout the year, special offers in campus cafés and exclusive resident competitions. You'll meet our friendly Hall Volunteers on arrivals day, and they're on hand at evenings and weekends to offer any help you need or provide a cup of tea and a chat.

 PlymouthUniAccommodation

 @PlymUniResLife

 @plymunireslife

To find out how to apply for accommodation, visit:
www.plymouth.ac.uk/accommodation



WE GUARANTEE A PLACE IN HALLS –
EITHER UNIVERSITY MANAGED OR FROM
ACCREDITED PRIVATE PROVIDERS – **TO ALL
UNDERGRADUATE FIRST-YEAR STUDENTS
WHO MAKE PLYMOUTH THEIR FIRM FIRST CHOICE
AND APPLY BEFORE THE DEADLINE**



Halls are a great opportunity to meet people straight away when you arrive at university and lots of your housemates become your first university friends. There are also plenty of other opportunities to make friends on your course and through extra-curricular activities.



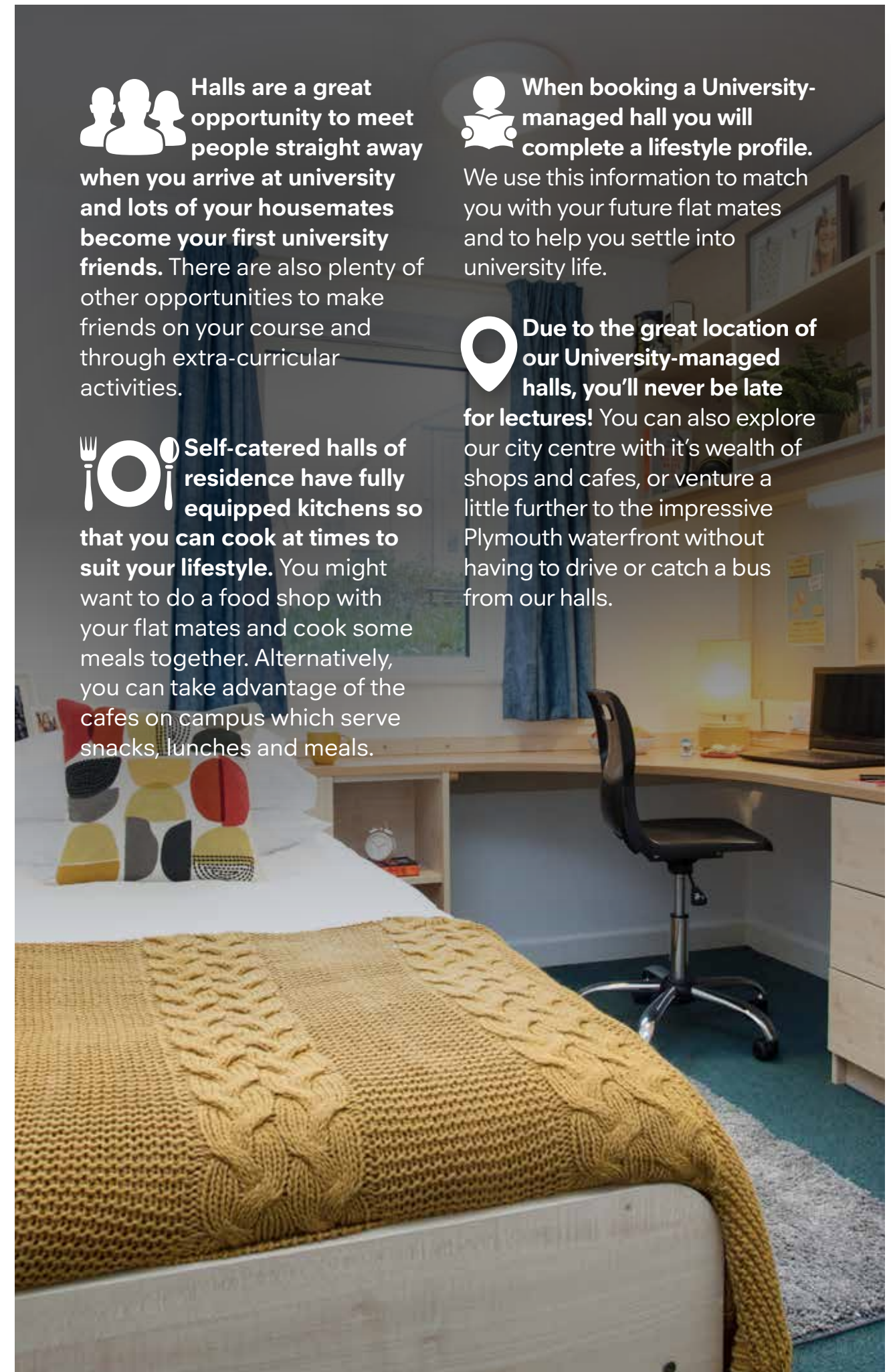
When booking a University-managed hall you will complete a lifestyle profile. We use this information to match you with your future flat mates and to help you settle into university life.



Due to the great location of our University-managed halls, you'll never be late for lectures! You can also explore our city centre with its wealth of shops and cafes, or venture a little further to the impressive Plymouth waterfront without having to drive or catch a bus from our halls.



Self-catered halls of residence have fully equipped kitchens so that you can cook at times to suit your lifestyle. You might want to do a food shop with your flat mates and cook some meals together. Alternatively, you can take advantage of the cafes on campus which serve snacks, lunches and meals.



#firstchoiceforhealth

MAKE A DIFFERENCE WHEN IT MATTERS MOST

Delivered by professional experts,
our programmes at Plymouth are
tailored to you and your career.

Together, we address today's most
challenging healthcare issues,
through research-informed teaching
and active, real-world learning.



UNIVERSITY OF
PLYMOUTH

BSc (Hons) Occupational Therapy
MSc Occupational Therapy (Pre-Registration)

PlymUniApply



“Spend some time working with people, children, or adults in any occupation that gives you contact time because here you can begin to develop vital people skills. Be open-minded to where occupational therapy could take your career path; we work with such diverse groups of people, who knows where you may end up working. Therefore, think of everything you do as a learning opportunity.”

Susan Ritchie, Occupational Therapy Graduate

This publication went to print in July 2019. Every effort has been made to ensure the accuracy of the information in this publication. However, as our courses and services are regularly reviewed and updated, some details may change.

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