

Personal statement

My desire to become a doctor was first sparked in the 6th grade. After waking up from surgery, I was surprised to find out that the person I had shared my hospital room with had left, learning that he had passed away soon after. I became enthused by all the medical professionals around me to learn more about the profession and sought to be honored to join their ranks someday. From all the patient contact I have had, as I am currently volunteering at a blood bank, my desire to be a doctor has not diminished but has been reaffirmed and even strengthened.

A few days ago, it had been a quiet day at the blood bank when a patient entered. He had recently experienced an accident at the workplace resulting in losing a portion of his skull. Yet, through a medical miracle in which he would have been pronounced dead due to a lack of brain activity, His doctor proceeded to operate on him, claiming that she "would not leave his side knowing she hasn't given him all she had to offer." This short interaction helped me realize the impact of a simple mindset on the patient's outcome, possibly being a difference between life and death.

Another significant interaction I had with a patient was with a distressed soon-to-be father. His wife was admitted to give birth to a set of twins, hopefully. Unfortunately, upon testing, his hemoglobin level was too low to be taken in, and upon hearing the news, he burst into tears. Instinctively I had calmly approached his side and slowly but surely calmed him down by reassuring him that we would be able to cover the blood needed for the operation. I acknowledged how much emotion he had been experiencing. Still, I encouraged him to persevere as he had to remain emotionally intact to avoid a relapse in his judgment and possibly inflict stress on his wife. This interaction highlighted to me the amount of anxiety a patient can experience from the simplest of setbacks and how gratifying it is to take part in patient care positively. As the Saudi government wishes to expand and enhance the national healthcare system in the coming years to match the goals of the 2030 vision, the ministry of health has been increasingly keeping tabs on patient care and emotional strength amongst medical professionals to help provide the population with the utmost care possible. Therefore, I know that I have the

passion and the mentality to proceed in a life of medicine, as improving the quality of a patient's life gives me a purpose to keep on pushing and motivation to pressure myself into becoming a better person within the various grades of my personality.

I believe my experiences have made me a complete person and have helped me discover that it is my genuine dream to be a doctor. My time as a patient moving in and out of hospitals, being a first-generation student, and my volunteer work has provided me with a valuable perspective that can only help to shape me into a better doctor. As I currently work as part of a team in the local hospital, I know what is required to be a doctor and the impact they have on a patient's life. My experiences have taught me that through being a doctor, I will be able to influence a patient's life in a way that I will find both stimulating and rewarding and consequently will allow me to thrive in such a career.