

KING SAUD UNIVERSITY  
DEANSHIP OF ADMISSIONS AND REGISTRATION  
RIYADH GIRL'S CAMPUS

NAME : TARFAH S. M. BIN JERAIS  
STUDENT ID: 411-0679-00  
NATIONALITY: SAUDI



STUDENT ACADEMIC RECORD  
ADMITTED PROGRAM:  
COLLEGE OF PHARMACY  
DEGREE: BACHELOR OF PHARMACY  
MAJOR: GENERAL PHARMACY

ENGL-030 INTENSIVE LANGUAGE (HEALTH)

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
9.0	0.0	0.0	0.0	0.00	0.00
CUMULATIVE	9.0	0.0	0.0	0.00	0.00

-----SECOND SEMESTER OF 1990/1991-----

ENGL-030 INTENSIVE LANGUAGE (HEALTH)

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
9.0	9.0	0.0	0.0	0.00	0.00
CUMULATIVE	18.0	9.0	0.0	0.00	0.00

ARAB-101 LANGUAGE SKILLS

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
9.0	9.0	0.0	0.0	0.00	0.00
CUMULATIVE	18.0	9.0	0.0	0.00	0.00

-----FIRST SEMESTER OF 1991/1992-----

ARAB-101 LANGUAGE SKILLS

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
12.0	12.0	12.0	12.0	39.00	3.25
CUMULATIVE	30.0	21.0	12.0	39.00	3.25

DEGREE: BACHELOR OF PHARMACY  
MAJOR: GENERAL PHARMACY  
COLLEGE OF PHARMACY

-----SECOND SEMESTER OF 1991/1992-----

ARAB-102 APPRECIATION OF LITERATURE

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
12.0	12.0	12.0	12.0	30.00	2.50
CUMULATIVE	42.0	33.0	24.0	69.00	2.88

\*\*\*\*\* CONTINUED ON NEXT COLUMN \*\*\*\*\*

-----FIRST SEMESTER OF 1992/1993-----

MATH-109 DIFFERENTIAL CALCULUS & AN

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
16.0	13.0	16.0	16.0	40.50	2.53
CUMULATIVE	58.0	46.0	40.0	109.50	2.74

-----SECOND SEMESTER OF 1992/1993-----

MATH-109 DIFFERENTIAL CALCULUS & AN

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
16.0	16.0	16.0	16.0	41.00	2.56
CUMULATIVE	74.0	62.0	56.0	150.50	2.69

-----FIRST SEMESTER OF 1993/1994-----

PHC-262 PHARMACEUTICAL ANALYTICAL

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
16.0	16.0	16.0	16.0	41.00	2.56
CUMULATIVE	74.0	62.0	56.0	150.50	2.69

-----SECOND SEMESTER OF 1993/1994-----

PHC-262 PHARMACEUTICAL ANALYTICAL

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
15.0	15.0	15.0	15.0	42.00	2.80
CUMULATIVE	89.0	77.0	71.0	192.50	2.71

DEGREE: BACHELOR OF PHARMACY  
MAJOR: GENERAL PHARMACY  
COLLEGE OF PHARMACY

-----SECOND SEMESTER OF 1993/1994-----

PHC-262 PHARMACEUTICAL ANALYTICAL

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
17.0	17.0	17.0	17.0	42.50	2.91
CUMULATIVE	106.0	89.0	88.0	225.00	2.56

\*\*\*\*\* CONTINUED ON NEXT PAGE \*\*\*\*\*

-----FIRST SEMESTER OF 1992/1993-----

PHC-261 PHARMACEUTICAL ANALYTICAL

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
16.0	13.0	16.0	16.0	40.50	2.53
CUMULATIVE	58.0	46.0	40.0	109.50	2.74

-----SECOND SEMESTER OF 1992/1993-----

PHC-261 PHARMACEUTICAL ANALYTICAL

CURRENT	AHRS	EHRS	QHRS	QPTS	GPA
16.0	16.0	16.0	16.0	41.00	2.56
CUMULATIVE	74.0	62.0	56.0	150.50	2.69

TARFAH S. M. BIN JERAIS

KING SAUD UNIVERSITY  
DEANSHIP OF ADMISSIONS AND REGISTRATION  
RIYADH GIRL'S CAMPUS

NAME : TARFAH S. M. BIN JERAIS  
STUDENT ID: 411-0679-00  
NATIONALITY: SAUDI



-----FIRST SEMESTER OF 1994/1995-----

PHC -371	MEDICINAL CHEMISTRY 2	D+	3.0	7.5
PHG -253	NATURAL AROMATIC PRODUCTS	B+	2.0	9.0
PHG -351	PHARMACOGNOSY -2-	C+	3.0	10.5
PHG -361	PHARMACOGNOSY -3-	D+	2.0	5.0
PHT -351	STERILE DOSAGE FORMS	D	3.0	6.0
PHT -382	PATHOGENIC MICROORGANISMS	D+	3.0	7.5
	AHRS EHRHS	QHRS	QPTS	GPA
CURRENT	16.0 16.0 16.0	16.0	45.50	2.84
CUMULATIVE	122.0 105.0 104.0	270.50	2.60	
	-----SECOND SEMESTER OF 1994/1995-----			
PHC -372	MEDICINAL CHEMISTRY 3	B	2.0	8.0
PHCL -451	PRINCIPLES OF DRUG INFORMA	B+	1.0	4.5
PHCL -461	BASIC PHARMACOKINETIC	C+	2.0	7.0
PHCL -481	HEALTH CARE ACCESSORIES	A	2.0	10.0
PHG -461	PHARMACOGNOSY -4-	D+	4.0	10.0
PHL -351	PHARMACOGNOSY 1	D+	4.0	10.0
SOC -466	FAMILY AND CHILD WELFARE	B	2.0	8.0
	AHRS EHRHS	QHRS	QPTS	GPA
CURRENT	17.0 17.0 17.0	57.50	3.38	
CUMULATIVE	139.0 122.0 121.0	328.00	2.71	
	-----FIRST SEMESTER OF 1995/1996-----			
FSN -371	DIET PLANNING	D	2.0	4.0
PHC -471	MEDICINAL CHEMISTRY 4	D+	3.0	7.5
PHC -492	PHARMACEUTICAL LITERATURE	C	1.0	3.0
PHCL -462	HOSPITAL PHARMACOKINETICS	D+	1.0	2.5
PHCL -471	HOSPITAL PHARMACY	D+	2.0	5.0
PHCL -472	PHARMACY ADMINISTRATION	C+	2.0	7.0
PHL -451	PHARMACOLOGY 2	B	3.0	12.0
PHL -471	TOXICOLOGY	C	2.0	6.0
PHT -471	BIOPHARMACEUTICS	C+	2.0	7.0
	AHRS EHRHS	QHRS	QPTS	GPA
CURRENT	18.0 18.0 18.0	54.00	3.00	
CUMULATIVE	157.0 140.0 139.0	382.00	2.75	

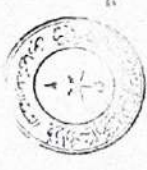
\*\*\*\*\* CONTINUED ON NEXT COLUMN \*\*\*\*\*

-----SECOND SEMESTER OF 1995/1996-----

PHCL -452	THERAPEUTICS	D+	5.0	12.5
PHCL -455	COMMUNICATION SKILLS IN PH	C	2.0	6.0
PHCL -473	PHARMACY LAW	B+	1.0	4.5
PHCL -474	CLINICAL PROBLEMS OF PAREN	B	2.0	8.0
	& INTRAVENOUS THERAPY			
PHCL -477	PHARMACOCONOMICS	C	2.0	6.0
PHL -452	PHARMACOLOGY 3	B	2.0	8.0
PHL -461	CLINICAL PHARMACOLOGY	C+	2.0	7.0
PHT -493	SELECTED TOPICS IN PHARMAC	B	1.0	4.0
	AHRS EHRHS	QHRS	QPTS	GPA
CURRENT	17.0 17.0 17.0	56.00	3.29	
CUMULATIVE	174.0 157.0 156.0	438.00	2.81	
	-----FIRST SEMESTER OF 1996/1997-----			
PHC -461	INSTRUMENTAL ANALYSIS	D+	3.0	7.5
PHCL -475	HOSPITAL PHARMACY -4-	C	2.0	6.0
PHG -473	FOOD ANALYSIS	B	2.0	8.0
PHG -474	SCREENING, SEPARATION & AN	B	4.0	16.0
PHL -473	TOXICOLOGICAL ANALYSIS	B+	3.0	13.5
PHT -451	DISPENSING OF MEDICATION 1	C	3.0	9.0
PHT -452	DISPENSING OF MEDICATION 2	C+	3.0	10.5
	AHRS EHRHS	QHRS	QPTS	GPA
CURRENT	20.0 20.0 20.0	70.50	3.53	
CUMULATIVE	194.0 177.0 176.0	508.50	2.89	

\*\* END OF ACADEMIC RECORD \*\*

امانة  
مدينته  
بالتاريخ  
1417  
مصادقة  
مدينته  
بالتاريخ



GRADUATED

TARFAH S. M. BIN JERAIS

PAGE 2 OF 02  
29/11/2006  
OFFICIAL

DEAN: DR. ABDULLAH S. AL-SALMAN

ACADEMIC RECORD



## Personal Statement:

---

Hello my Name is Tarfa Sultan Bin jreas and The reason behind the apply to a master's degree at the University of Glasgow is due to my strong desire to expand the database of information I have in the specialization public health, which will make me successful in the professional aspects of the future , Especially since this area needs constant reading, and the identification of everything that is new, preferably if the study is a master.

I studied at the king saud University in Riyadh and graduated 1998 AD. And I have passionate about Public health for Society.

I have worked in public health indicators during my current job as **Director of the Regional Health Center for Command and Control of Riyadh** , and I have always dreamed that I completed my educational journey in the United Kingdom of Great Britain which has great scientific and technical elements, It has many internationally-ranked universities; in addition to the model educational environment, which helps to extract the inherent inner forces, and achieve the stage of creativity.

I working now in Ministry of Health After graduating from the university and I received a lot of appreciation for my work from my superiors, and I wish to get my Master's degree through your University, which I have read extensively about, and what my friends have read about the wonderful benefits of your university, which made me looking forward to study in it.

I have seen all the conditions required by those responsible for your master's degree, all of which apply to, and the financial ability to pay tuition regularly, and there are no problems with that, knowing the absolute commitment and diligence and perseverance in respect of the study, I also like the atmosphere of educational competition, and the constant knowledge of everything that is new.

The science has no limits, and a person must keep updating order to obtain knowledge, and I am still following the impact of science and learning.

---

**Name: Tarfa Sultan Bin jreas**

**Email: tarfahsutan@gmail.com**

**Mobil: 966551112459**

**Education:**

- Bachelor's degree in pharmacy from King Saud University in 1998AD
- Training course in Executive Capabilities for managers 2019

**work experience:**

- Supervisor on Medical Licensing Department in Riyadh Health 1423-1428 H
- Head of Administrative Affairs in General Director of Riyadh Health 1442-1431 H
- Deputy Director of Riyadh Health Command Center in Riyadh 1442 AH - 1442 AH
- Director of Riyadh Health Command Center in Riyadh 1442 AH – Up to now

**work skills:**

Excel, PowerPoint Ability to lead crisis management and be patient

Ability to communicate effectively and positively with others

Ability to collaborate with a team or work individually.

Ability to lead and think creatively to develop work.

Constant passionate to develop for the better.

passionate for acquiring new skills

**achievement:**

- Certificate of appreciation from General Director of Health Affairs in Riyadh, Dr. Hassan bin Ali Al-Shahrani, to Tarfah Bent Sultan Bin Jreas, for effort and outstanding work that was presented at General Director office for year 2020 AD.
- Certificate of appreciation from General Director of Health Affairs in Riyadh, Dr. Nasser bin Faleh Al Dawas, to Tarfah Bent Sultan Bin Jreas, For distinguished efforts and good performance at General Director Office for year 1438 AH.
- Certificate of Appreciation from General Director of Health Affairs in Riyadh, Dr. Abdul Aziz bin Abdul Mohsen Al-Dakhil, for outstanding efforts in completing medical licenses transactions, facilitating auditors' affairs, and intensifying inspection committees.
- Certificate of appreciation for commitment and seriousness work from Director of the Women's Department in General Directorate of Health Affairs in Riyadh, Fatima bint Hassan Banjar in 1423 AH  
Certificate of Appreciation from Director of the Women's Department, Dr. Fatima bint Hassan bin Qahr for outstanding efforts, commitment, and seriousness during work.
- Certificate of appreciation from General Director of Health Affairs in the Riyadh, Dr. Nasser bin Faleh Al-Dosari, for distinguished efforts and good performance at General Director Office for year 1437 AH.

- Certificate of appreciation from General Director of Health Affairs in the Riyadh, Dr. Adnan bin Suleiman AlAbdul Karim for the efforts at General Director Office and contribute to increase work quality in 1437AH.
- Certificate of appreciation from the General Director of Health Affairs in Riyadh, Dr. Nasser bin Faleh Al-Dawas, For distinguished efforts and good performance in Administrative Department at General Director Office in 1439 AH.
- Certificate of appreciation from General Director of Health Affairs in Riyadh, Dr. Nasser bin Faleh Al Dawas, For distinguished efforts and good performance in Administrative Department at General Director Office in 1440 AH.

#### **voluntary participation:**

- Voluntary participation in 'Ershadi' Society programs for Community Service and Family Health Awareness for free for a period of 40 hours in 1437 AH and receiving a certificate of appreciation from the Chairman of the Board of Directors of Charitable Society for Guidance and Family Development (Ershadi) Royal Highness Prince Sultan bin Nasser bin Abdelaziz.
- Participation in the celebrations of World Food Day and receiving a certificate of appreciation from General Director of Health Affairs in the Riyadh region, Dr. Adnan bin Suleiman Al-Abdul Karim for the year 2010 AD.
- Voluntary participation in health awareness and education programs about diabetes to serve the community for free and receiving a certificate from the Saudi Diabetes Charitable Society for the year 1438 AH.
- Participation in the initiative "you are our volunteer hope" within the International Volunteer Day and receiving a certificate of appreciation from General Director of Health Affairs in Riyadh, Dr. Muhammad bin Abdelaziz Al-Tuwaijri for the year 2019.
- Participation and volunteering for 30 hours outside official working hours is free of charge at the Department of Community Participation in Riyadh Health. and receiving a certificate of appreciation from the General Director of Health Affairs in Riyadh, Dr. Muhammad bin Abdelaziz Al-Tuwaijri for the year 2019.
- Participating in ceremony of honoring new Muslims in 1430 AH at the Al-Amal Complex for Mental Health and receiving a certificate of appreciation from the General Director of Health Affairs in Riyadh, Dr.: Hisham bin Muhammad Nadrah, and the Director of Religious Awareness in Riyadh Health: Muhammad bin Saud AlOmar.
- Attending the activities of the World Diabetes Day (preventive education and prevention of diabetes) and the International Day for the Elderly, and receiving a certificate of appreciation from the management of the AlSulay Health Center (women's section) for the year 2009 AD.
- Participation in the second meeting of a symposium on dealing with cases of violence and abuse in health facilities (together towards a safe childhood) and receiving a certificate of appreciation from the General Directorate of Health Affairs in Riyadh for the year 2010.
- Participation in health awareness and disease prevention and receiving a certificate of appreciation from the Director of the Comprehensive Rehabilitation Center for Females in Riyadh, Ms. Sharifa Hamad Al-Ghanim in 1432 AH.
- Participation in the activities of the World Environment Day at the Prince Salman bin Abdulaziz Social Center, the Al-Nahda Women's Charitable Society, and the Al-Wafa Women's Charitable Society, and receiving a certificate of appreciation from the General Director of Health Affairs in the Riyadh region, Dr. Hisham bin Muhammad Nazra, for the year 1430 AH.
- Participation in the success of the awareness program for early detection of breast cancer in the General Directorate of Health Affairs in the Riyadh region and receiving a certificate of appreciation from the Director of the Cancer Control Program, Dr. Ali bin Muhammad Al-Wadi'i for the year 1433 AH.
- Participation in the success of the symposiums (skin hygiene, health, and prevention) held within the activities of the national campaign for skin hygiene and receiving a certificate of appreciation from the General Director of Health Affairs in the Riyadh region, Dr. Hisham bin Muhammad Nazira for effective efforts.
- participation in the electronic registration of the tuberculosis control program and received a certificate of appreciation from the General Director of Health Affairs in the Riyadh region, Dr.: Hisham bin Muhammad

- Nadhra.
- Participating in awareness lectures about "swine flu and how to prevent it" and receiving a certificate of appreciation from the General Director of Health Affairs in the Riyadh region, Dr. Hisham bin Muhammad Nadira, for the year 1430 AH.
- participate in activities of the World Environment Day held at the Prince Salman Social Center, the Al-Nahda Charitable Society, and the Al-Wafa Women's Charitable Society, and receive a certificate of appreciation from Acting Director of Public Relations and Health Media, Muhammad bin Saleh Al-Aboudi, for the year 1430 AH.
- Attending the World Diabetes Day under the slogan (A child should not die from diabetes) and receiving certificate of appreciation from the management of the Tuberculosis Health Center for the year 2008.
- Attending the celebrations of the World Tuberculosis Day under the slogan (I am fighting tuberculosis) and receiving a certificate of appreciation from Al-Sulay Health Center for the year 2009.
- Participating in the success of awareness and health education activities programs about diabetes and receiving certificate of appreciation from "Saudi Diabetes Charity Association" for the year 1437 AH.

**Books authoring:**

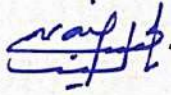
- A book about "obesity and diabetes (prevention and treatment methods" for the year 1436 AH. The book is available in King Fahd National Library- Riyadh.

## Recommendation Letter

It is my pleasure to recommend **Tarfah Sultan Binjerais** for admission to Master program in Public health at Glasgow Caledonian University. I came to know Tarfah when I worked with her in Riyadh General Directorate. Tarfah distinguished herself by her commitment to her work. I would rank her in the top employees for her ability and skills. Overall, Tarfah is highly intelligent and has good analytical skills. Her work on establishing RHCC Regional Healthcare Command Center showed that she has excellent communication skills & performance. Her overall intelligence is also reflected in our KPIs for the region, which were by far the best among other regions in Saudi Arabia.

**Naif AlMatrafi**

RN, BSN, MBE



11-12-2022

Assistant General Director for Planning & Investment Promotion  
Riyadh General Directorate, **MOH, KSA**

Email : [ndalmatrafi@moh.gov.sa](mailto:ndalmatrafi@moh.gov.sa)

Mobile : 00966506449499



### Recommendation Letter

It is my pleasure to recommend Tarfah Sultan Binjerais for admission to master program in public health at Glasgow Caledonian University. I know Tarfah when I worked with her in Riyadh General Directorate. Tarfah distinguished herself by her commitment to her work. I would rank her in the top employees for her ability and skills. Overall, Tarfah is highly intelligent and has good analytical skills. Her work on establishing RHCC (Regional Healthcare Command Center) showed that she has excellent communication skills & performance.

Tarfah is always willing to offer her assistances in all the circumstances I've seen her in. I feel confident in saying that she can handle any situation with thought fulness and maturity. and I recommend her for any endeavor she chooses to pursue.

Hind ALTamimi

MSc, College of Pharmacy, KSU



11 / 12 / 2022

Deputy Director of the Regional Healthcare Command Center &  
Head of the Quality and Development Unit in RHCC

Office: 00966 11 4919436

Email: hnaltamimi@moh.gov.sa

