**Personal statement**

 My passion for science and discovery began to grow throughout my high school years. I enjoyed learning about how things worked. As the most curious student in the class, I asked a lot of questions. When I started taking science courses in my junior and senior years, I developed good knowledge on biology and chemistry. The lab sessions allowed me to design experiments to verify various theories. Besides, I took part in the practical, hands-on process of setting up lab experiments and collecting data to validate my hypotheses. Therefore, I decided to pursue my post-secondary education in an area that aligned my passion for science with a prosperous career pathway, namely nursing.

 In 2013, I obtained a bachelor’s degree in Nursing from Aljouf University in Saudi Arabia. Throughout my studies, I had the chance to take courses in anatomy, physiology, health practice, health care principles, health assessment, microbiology, nursing research, mental health challenges, health care ethics and pathophysiology. In addition, the group projects and assignments helped me to develop strong teamwork and interpersonal skills while learning how to use various lab apparatus with attention to safety. After finishing college, I had the opportunity to perform CO-OP training at Aljouf Hospital for a one year. My rotations were assigned to different departments, such as emergency, surgery, internal medicine, intensive care, pediatric care, obstetrics, and gynecology. During that time, I gained a real-life experience and had a clear vision of my future career life. Furthermore, I gained work experience as a teaching assistant in the Northern Border University in Saudi Arabia in 2014. The role duties included managing and developing academic curriculum, administering the learning process by means of instruction, monitoring students, and student project supervision. Therefore, my skills were comprehensive and diversified.

 Before enrolling at a UK university, I worked on improving my English language proficiency because English was not my mother tongue. So, in 2015, I joined the ELS program in USA which focused on the four English skills (listening, reading, writing and speaking). I had the chance to enhance my comprehension in the skills of writing, reading, listening and verbal communication. Indeed, the program has given me the ability and the confidence to communicate effectively in English.

 In 2019, I joined the University of Nottingham (UK) as a master student. I completed six modules which were the concepts of perinatal mental health for health care professionals, introduction to research methodology and design, using evidence to challenge the unnecessary medicalization of normal childbirth, contemporary issues in infant feeding and nutrition, maternal and newborn health in global context, and research skills for maternal and newborn health practice. These modules assisted me to complete my dissertation “Childbirth Companionship: A Systematic Review of Mothers’ Experiences of Support Companions during Labour”. In August 2021, I was awarded Master of Science in Midwifery Studies, Maternal and Newborn Health.

Personally, I am grateful for the Northern Border University because they offered me a full scholarship to continue my education and gain a master’s degree in my major in the UK. I intend to continue my higher education and enrol on a PhD program in the UK. This will help me use my knowledge in the Northern Border University in Saudi Arabia to improve their faculty and programs. What motivates me is the vision of a PhD in maternal and newborn health nursing at the Northern Border University. This will offer students the opportunity to learn in a field that has not been accessible before. I am eager to help facilitate this development within the next two decades.

 I am very enthusiastic about continuing my education and pursuing a successful career. Hereby, I submit my application and ask for your consideration for admission in midwifery PhD. I have taken the time to review many programs at various universities and decided to choose your university because I am confident of your faculty’s potential to deliver excellent education, diverse material, and up-to-date knowledge.