



FARAH AHMED BAESHEN

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PROFESSIONAL SUMMARY

A registered dietitian with one year of experience in developing individualized nutritional plans that positively affect patient outcomes. Well-trained clinical professional with a detailed approach. Passionate about staying updated on the latest medical research and nutrition solutions.

ACCOMPLISHMENTS

Graduation Research Publication

“Impact of COVID-19 pandemic on dietary patterns and eating behavior” was published in Proceedings of The Nutrition Society blog

Annual Research Forum Participation

I Proudly presented our graduation research at the annual research forum held under the supervision of King Saud bin Abdulaziz University for Health sciences

SKILLS

- Microsoft Office
- Analytical and Critical Thinking
- Organization and Time Management
- Flexible and Adaptable
- Self-Motivated

REFERENCES

- **Doctor of clinical nutrition courses**
Dr. Suhair Abdalla
Mobile Number: 0556029198
- **Head of Department of Clinical Nutrition**
Dr. Najlaa Al-Mana
Tel: +966 12 2246346 Ext 46094

WORK EXPERIENCE

Dietetic intern, 07/2021 to 06/2022

National guard hospital - Jeddah

- Was trained by more than 25 qualified registered dietitians and gained new experiences from them.
- Did some educational material for the hospital.
- Assessed patients nutritionally and did nutrition therapy plans for them.
- Participated in some campaigns under the supervision of the hospital.

Volunteer Worker, 01/2018 to 06/2022

KSAU-HS, National Guard Hospital - Jeddah

- Participated in different campaigns throughout college years and internships which were held at university campuses, national guard hospital, and malls.

EDUCATION

Bachelor's in Clinical Nutrition, 05/2021

King Saud University for Health Sciences (KSAU-HS) - Jeddah, Saudi Arabia

GPA = 4.26/5, Second Honor Degree

ACCREDITATIONS AND LICENSES

Professional classification and registration

July 2022 - July 2024

- Officially classified and registered as a clinical nutrition specialist in the Saudi commission for health specialties

BLS Provider

December 2021 - December 2023

- Successfully got the BLS Provider E-card of the American Heart Association

COURSES

1ST ANNUAL ADULT NUTRITION

Attended the course which was held at King Faisal Specialist Hospital

“Effective Selling: A Practical Toolkit”

Completed and passed the sales Bootcamp which included 35 hours of training

LANGUAGES

Arabic: Native | English: Upper intermediate, STEP SCORE (86)

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