



Department of CLINICAL NUTRITION

Saturday, December 10, 2022
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To Whom It May Concern

It is my pleasure to write a recommendation letter to **Ms. Farah Ahmed Baeshen**. She obtained her B Sc. in Clinical Nutrition, College of Applied Medical Sciences, King Saud bin Abdul-Aziz University for Health Sciences-Jeddah, Saudi Arabia in May 2021 by accumulated GPA 4.26.

Through my direct contact with her as an academic advisor and course instructor, **Ms. Farah Baeshen** demonstrated quick ability to learn, valuable critical thinking skills, strong evidence-based practices, as well as competence in group discussion and oral presentation. According to her official transcript, she has a strong knowledge in food and nutrition service management, community nutrition, medical nutrition therapy and adult weight management that would make her a good candidate for a professional career as a clinical dietitian. In addition, she has effective writing and communicating English language skills, proficient knowledge in medical ethics and patient safety, computer sciences and health informatics.

Ms. Farah Baeshen has reasonable judging on most subjects, excellent rapport with her colleagues and faculty staff, effective communication, and interpersonal skills. It is clear to me as I hope it is to you that **Ms. Farah Baeshen**, is a good candidate and I wholeheartedly recommend her and wish her the very best in all future endeavors.

Please let me know if you have any further questions.

Hala Ahmed Youssef, PhD.

Professor of Nutritional Biochemistry,
Clinical Nutrition Department (2017-2021),
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King Saud bin Abdul Aziz University of Health Sciences, Jeddah.

